



## Messages for a Church in Transition

***“In Christ Together for the World” = Our Purpose***

### Tom’s Corner:



It’s hard to believe, but I’ve already been here for a little over a month. In my last newsletter I promised that I’d tell you a little more about myself and my call to ministry and personal adventures that I’ve had over the years.

I was born in Denver, CO on April 29<sup>th</sup>, 1951 and I have one older sister Jane who was also a PCUSA minister. She recently retired to Berlin, Germany where she spent much of her career. Anyway, I lived in Denver until 8<sup>th</sup> grade at which time our family moved to Colorado Springs, CO where my Dad had his next position. I graduated from Air Academy High School in June of 1969. That fall I was given a swimming scholarship to Adams State College in Alamosa, CO. After graduating from Adams State in 1973, I secured my first job as a science teacher at Centennial High

School in Pueblo, CO. I taught for 5 years and then started a master’s degree in Earth Science/Geology at the University of Northern Colorado. For the next several years I worked in the oil business as an exploration geophysicist, got married, and had two boys Garrett and Aaron who are now adults in their 30’s. I worked in the oil and gas industry for the next 7-9 years.

It goes without saying I was bounced around in the oil and gas industry during that time, and I had always been Presbyterian since I was young boy. One thing led to another and eventually I felt called to full time ministry. In the fall of 1991, I moved my entire family to San Anselmo, CA from Houston, TX and I started as a seminary student at San Francisco Theological Seminary. My first call to ministry was to 1<sup>st</sup> Presbyterian Church in Junction City, KS in 1996. Since 2001 I have served as an interim pastor in 8 Presbyterian (PCUSA) congregations throughout the United States. It continues to be a challenging and rewarding adventure that God has given me.

Do remember the church retreat is scheduled for October 25–26<sup>th</sup> at the ‘Homestead Resort’ in Midway, UT. I hope that many of you can attend. My prayers and blessing to all of you as we move together now as the days begin to shorten, and leaves begin to change. Be looking out and listening for what God’s *Holy Spirit* is doing in your life.

In *Christ’s* service,

Rev. Tom Holslag – Interim Pastor

**Meet Your Deacon Sunday!**

**Sunday, October 6th**

**Following the 8:30 & 11 a.m. worship services.**

Please remember to wear your nametag.

# Worship Opportunities

**OCTOBER WORSHIP SCHEDULE:** Each Sunday we will have two-worship services with the first service at 8:30 a.m. and the second service at 11:00 a.m. Invite someone to come be with you as we worship God together.



**WORLD COMMUNION CELEBRATION:** October 6th will be the Sunday this Fall when we give thanks that Christ's church is at work all around the world, and together we are the Body of Christ in the world. At both worship services on Sunday, October 6th we will be participating in the celebration of World-Wide Communion. This is a wonderful opportunity to invite someone to join with us in worship.

## Session

Submitted by Jody Good, Clerk of Session

- Session met Thursday September 19, 2019 at 7:00 p.m. We opened with prayer.
- Elders Jody Good (clerk), Ron Hunter, Nadine McAlister, Steve Sands, Carol Smedley, Julie Speck, Donna Switzer and Mark Zaba were present.
- Rev. Tom Holslag moderated.

<b><u>MONTHLY FINANCIALS</u></b>		
<b><u>August 2019</u></b>		
<b>Income</b>	<b>Month of August</b>	<b>Year to Date</b>
Actual	\$20,339.00	\$340,787.10
Budget	\$19,990.91	\$239,880.90
<b>Expenses</b>		
Actual	\$16,274.76	\$183,427.80
Budget	\$27,568.69	\$312,348.67
<b>Net (Income minus expenses)</b>		
Actual	\$ 4,064.24	\$157,359.30

- Minutes were approved from the Stated Session Meeting of August 15, 2019.
- We will recommend the congregation change the church program year to coincide with the calendar year.
- There will be a single worship service at 10 a.m. on December 22 and 29.
- Christmas Eve service will be at 6:00 p.m.
- The Corporate Officers were re-elected.
- We approved to continue Hanna and Craig Bingham's scholarship.
- We approved continuing the Whitworth Summer Program.
- Personal issues were discussed.
- We adjourned with prayer at 9:30 p.m.
- Next Stated Session Meeting will be October 17, 2019.

# Adult Small Groups

---

## What a Friend We Have in Jesus

Knowing someone is praying for you is so powerful.



Please consider joining Pastor Tom and the small group who meets every Tuesday at 11:00 a.m. for forty-five minutes of quiet meditation and prayer in the Prayer Room.

Pray out loud...or not, depending on your comfort level. Attend every week or whenever your schedule permits. Come with personal concerns and/or to lift up the needs of others in our church, community and nation. For further information please call Becky in the church office during business hours.

**LGBTQ SMALL GROUP:** You're invited to join a small group studying ways we can, individually or collectively, be better friends, neighbors, and advocates for our LGBTQ friends in the community. We'll be studying a book – "Jesus, the Bible, and Homosexuality" by Jack Rogers, a long-time Presbyterian theologian, seminary professor, and former moderator of PCUSA. Rogers came from a conservative, evangelical background. After studying LGBTQ issues and becoming acquainted with LGBTQ members of the church, he found his eyes opened to the gifts these friends bring to ministry and the opportunities for ministering to those LGBTQ members of the community who have felt alienated by the church. We will meet on the first Thursday of the Month, starting Oct. 3, 7-8:30 p.m., in the Fellowship Hall. We'll discuss the preface and Chapter 1 at this meeting.

If you'd like to order the book, you can text Sue Martin (801-209-3062), or order from Amazon directly. Be sure to get the Revised and Expanded Edition, which includes a study guide. The book is \$16.

## Celebrating God's Generosity

---

We will soon begin our focus on our Generosity Financial Drive. Thank you ahead of time for your generous support of our ministry as a family of faith.

- **Per Capita:** Each year we support the administrative ministry of the larger Presbyterian Church through our Per Capita giving. The amount for 2020 is still to be determined.
- **Building & Grounds Maintenance Fund:** Fix it, hang it, build it, paint it, remove it – the Building & Grounds committee is the team that spends countless hours maintaining and improving the building and grounds of Cottonwood.
- **General Fund:** This is where a majority of the money comes from in supporting the ministry, mission and outreach of Cottonwood Presbyterian Church. Ten percent of all monies directed toward the general fund go to Mission Giving, which includes supporting people in need both locally and around the world. Our giving also supports mission activities around the globe through our giving to the mission agency of the Presbyterian Church (U.S.A). The general fund monies also support the ministry that happens within the life of Cottonwood.

# Fellowship Opportunities

---

## Save the Date ~ Cargo Day

November 2nd - 9:00 a.m. to 2:00 p.m.



Lunch will be provided

- **Sanctuary:** Vacuum & clean wood
- **Windows:** Clean inside and out
- **Landscape:** Clean-up
- **Parking Lot:** Clean up

**SENIOR ADULT FELLOWSHIP ~ Potluck Lunch and Guest Speaker**

**Friday, October 18th (3rd Friday) 12:00 noon in the Fellowship Hall**

Rev. Tom Holslag will be our guest speaker, sharing pictures and information about his recent mission trip to Alaska.

Please, RSVP to the church office by Thursday, October 17th so we will have enough tables and chairs set up.

Suggestions for speakers/programs can be given to Eddie Alter ([801 268-2157](tel:8012682157)) or Judy Saurer ([801 943-0141](tel:8019430141)). Those willing to help in setting up tables and chairs and/or providing table decorations should contact Colleen & Eddie Alter or Judy & Dick Saurer.



## Cottonwood Men

---

### **MEN'S LUNCH**

Wednesday, October 16th, 11:30 a.m.

**Anna's**

4700 South 900 East

RSVP to the church office.

\*\*\*\*\*

**MEN'S GOLF** meets every Tuesday, 3:15 p.m.

**Weather Permitting**

**Mick Riley Golf Course**, 421 E. Vine St., Murray.

No reservations necessary!

Just show up for a fun time of golf and fellowship.

Questions? Contact Jack Van Klaveren.

# Cottonwood Women

## PRAYER SHAWL GROUP

**Tuesday, October 1, 1:00 p.m. in Room 1**

Do you know how to knit or crochet or do you want to learn how? Come and share your time and talent and make prayer shawls for CPC and for hospice patients. Yarn can be provided. Contact Barbara White with questions.

## **WOMEN'S PICKLE BALL ~ Every Wednesday at 10:00 a.m. in the Gym**

Questions? Contact Dorothy Urbom.

## **LADIES LUNCH BUNCH ~ Thursday, October 10th at 11:30 p.m. at Red Lobster**

located at 298 E. Winchester St., Murray. RSVP to Bobbie Ivey (801-272-7838) by noon on Wednesday, October 9th.

## **CIRCLE 4 ~ Tuesday, October 15th at 12:30 p.m. in the Fellowship Hall.**

Pastor Jeff Silliman will be leading us through the Horizons Bible Study Guide - "**Love Carved in Stone**". Study guides are available in the church office or you may pick one up when we meet on the 15th.

## **Church Women United A multi faith gathering of Christian Women**

Mark your calendar and plan to attend

### **CWU's World Community Day Celebration**

When: **Friday, November 1, 2019 (1<sup>st</sup> Friday)**

Time: Morning (**9:30 - 1:00**, including lunch)

Where: **Good Shepherd Lutheran Church ~ 8575 South 700 East**

Theme: **"The Time is NOW! – Resolve to Love"**

Keynote Speaker: TBA

Registration: **\$1 Lunch: \$5.00**

Community Outreach: "World Community Bazaar" (Christmas Shopping Opportunity)

- Products from Guinea Bissau - Handcrafted items, i.e. bracelets, placemats, wall hangings.
- The Vietnam Project – Vietnamese products to benefit overseas communities.
- Rural Africa Crafts – Bolga Baskets woven by indigenous people in Northern Ghana
- Fair Trade Coffee

Free-will Offering: Used for CWU National Programs:

Checks need to be made payable to: **"Church Women United"**

**Lunch RSVP: Mary Ann Allison at 801-278-9223 by Monday, October 28**

This is a wonderful ecumenical celebration shared worldwide and an opportunity to learn and grow spiritually and personally. Hope to see you there.

# Cottonwood Kids

---

## SPOTLIGHT ON DAKOTA STEWART

*By DeeDee Simer*

Over seven years ago Dakota became part of our family. She is like a granddaughter and stays with us frequently. She is an energetic and very loving child.

Dakota is in the second grade at the Ascent Academy and math is her favorite subject. She is very outgoing and makes friends easily. She is very athletic and enjoys swimming and gymnastics. She loves to wear a dress and have her nails painted

Her favorite foods are any kind of meat and macaroni and cheese. Her favorite book is "Time For Bed".

Dakota loves animals. She shares a dog named Mowgli with Shelby since she cannot have one where she lives. They wrestle and Mowgli chases her.

She wants to be a teacher when she grows up.

Her favorite thing about Cottonwood Church is the playground and everybody says hi to her.

When we asked Dakota the same question twice, she always says "why don't you write the answer down this time".



## Play, Serve, Explore

### Youth Fall Retreat - St. George, Utah

**November 1st through 3rd** Join the Utah Presbyterian Youth at Good Shepherd Presbyterian Church (PCUSA) 611 N. 2450 E., St. George, UT 84790. We'll spend time together playing games, eating lots of food, exploring some of Southern Utah's most beautiful landscapes, and serving others, all before worshipping together on Sunday morning. Open to all 6-12 grade students from PCUSA congregations, and your friends! **Registrations due October 18 | Cost: \$40**

**To Register: Contact Adam Tobey 385-244-9300 adamkemptobey@gmail.com**  
**Scholarships Available**

**Get to Know YoungLife!** Always wanted to know more about the YoungLife youth ministry, and afraid to ask? **Join us at the Fall banquet on Monday, October 7 at 7:00 pm.** All are welcome including parents, grandparents and anyone interested in supporting our Cottonwood youth through the YoungLife ministry. The evening is a chance to learn about weekly clubs, summer camps and hear how God has worked to change lives through YoungLife! The banquet is free, and includes dinner, drinks, games, a silent auction and more. Contact Mark Zaba if you are interested.

**Route 66 Bible Class: 4th to 8th graders! We will meet the 3rd, 4th Sundays** of October at the same time as church school in room 12 to take a trip through the 66 books of the Bible. We'll have lots of fun puzzles and activities to help us remember the books of the Bible and how to study the Bible on your own. You will use a concordance and a Bible dictionary, make your own prayer journal, and be able to share your faith with people you love.



# Fall Retreat – Hearing God’s Call



This period of change at Cottonwood may seem unsettling, but it is, in fact, a blessed opportunity to listen for what God is calling us to do next. We’ve come a long way toward realizing many of the goals we set early in Tom Abbott’s ministry. We can continue down the path we’ve started on AND we can...

At this fall’s retreat, we will listen for what God is saying, listen to each other, and share hopes and dreams for the future of Cottonwood. We’ll ponder the ways that we – individually and collectively – can prepare ourselves for whatever lies ahead. The more voices we have in this conversation, the better. Please join us for this beautiful opportunity for reflection, deep conversation, and fellowship.

Scholarships are available to cover room costs. Please speak to Becky Bringard or Mark Zaba if a scholarship would help you and your family participate.

**When:** Friday, Oct. 25, 6-9 and  
Saturday, Oct. 26, 8-noon

**Where:** The Homestead, Midway, UT

**Cost:** Dinner on Friday, breakfast on Saturday are covered by Cottonwood. Let Becky know if you’d like to share a room.

- \$99.00 for Cottage Double Queens/King + 13.07% tax
- \$139.00 for a Luxury Suite + 13.07% tax

**Carpooling:** Tell Becky in the office if you’d like a ride.

**Kids:** Activities for kids provided both Friday and Saturday.

**Activities:** The Homestead is a beautiful setting for relaxation and recreation, too. You and your family may want to stay Saturday afternoon for swimming or golf. You can visit the Homestead web site to find out about the costs of other activities. There are also many places to hike in the area.

**RSVP:** Tell Becky in the office if you plan to attend, then make your own reservation by calling The Homestead (435-657-3806). Ask for the Cottonwood Presbyterian block of rooms.

**Speaker:** Still to be determined. Stay tuned!

## Mission

---



Our grateful thanks to everyone who came out to the Vine Street LDS Ward on our joint Day of Service in support of Kids Eat. 1200 backpacks of food were packed and will go to feed children living in poverty. We are very pleased that this wonderful organization, started by Lynda Brown in her home, will now fall under the umbrella of the USANA Foundation. They now have their own warehouse, a food supplier which will lower costs, and will have two trucks. They will still need volunteers to pack food and donations to pay for it so we at Cottonwood will continue our support and our prayers for their continued success.

During the month of September, the Mission committee transported 281 pounds of food to Crossroads Urban Center. Thank you to all the generous members of the congregation who contribute food on a regular basis and we also give our thanks to the Soul Garden for contributions of fresh produce and for the money they are earning at their produce table which will go to Crossroads and the Utah Food Bank. Thanks to Karen and Steve Sands for their hard work.

**CROSSROADS URBAN CENTER:** Foods needed for the month of October: Ramen Noodles but all non-perishable foods and beverages are appreciated.

**CROSSROADS THRIFT STORE & CALVARY THRIFT STORE:** Items needed for the month of October: blankets. Please leave your donations in the bin located in the hall by the gym.

## SOUL Garden

---



*You're invited... Come one, come all!*

**Set the date!!!**

**The Harvest Fest is Saturday, October 12 starting at 4:30 pm  
in the SOUL Garden**

Join us for hay rides, scavenger hunts, pumpkin painting (and face painting too).

There will be games, stories, a visit by the Fire Department and other surprises.

And don't forget the Hot Dog Roast. Something for all ages.

So, kids bring your parents, grandparents and all your friends.

See you there!!

# Announcements

---

## END OF SUMMER UPDATE FROM HANNA AND CRAIG

Dear Cottonwood,

The beginning of the fall term at Princeton Seminary is already upon us! We thought that we would send a quick update before we take the plunge into another full semester of classes. We miss you all and wish we were able to stop by for a visit! Both of us are finishing up our summer internships here in Cannon Beach, OR. This summer Hanna served as a staff minister at the Cannon Beach Christian Conference Center, ministering to the hundred-odd college-aged summer staff, while Craig had a pastoral church internship at Cannon Beach Community Church. We had both served on summer staff at the Conference Center in Cannon Beach, back in 2014, so it was fun to come back to a familiar spot and move into different roles within the Conference Center ministry and within the town. I (Craig) particularly enjoyed getting to know the town and people of Cannon Beach this summer. One of my tasks at the church was starting my day three mornings a week at a local coffee shop, where I was supposed to 'become a regular' and seek opportunities for relational evangelism and discipleship. This summer I also completed my first triathlon, a sprint triathlon, in Richland, WA! I (Hanna) worked primarily with the female staff of the conference center who are all between the age of 17 and 25. With a staff of 100, I served mostly with the women, who make up about two thirds of the staff. It was such a joy to plan weekly worship services, preach, lead three Bible studies a week, and put on fun events for the staff. My primary role was pastoral care, taking the women to coffee, going on walks/hikes, and providing a listening ear, encouragement, and counsel amidst the various ups and downs of life. The staff asked hard questions this summer, particularly struggling with the goodness of God and whether a God who allows so much suffering and evil can be good. It was so cool to watch the staff move through those questions, thinking deeply and moving from bitterness and anger into deeper faith and greater love.



On September 4th we fly back to Princeton, and on the 5th we start our fall courses! Both of us are taking Hebrew this year (which we are excited about!) and a class on preaching. In addition to those two courses, Hanna is taking a class called 'Race Theory', and another class called 'The Creative Unconscious and Visual Life', while Craig is taking a class on the writings of John Calvin (that one's for you, Roger!) and a pastoral care class called 'Addiction, Compulsion, and Grace'. We are excited to move back into our apartment in Princeton and reconnect with the friends we made this past year, as well as new friends we hope to make this upcoming year! We would appreciate prayer as we head back into school, especially around the constant struggle to maintain a healthy life-balance in the busy and often rushed setting that is seminary. This year, in addition to our classes, we will have a part-time internship at Thompson Memorial Presbyterian Church in New Hope, Pennsylvania as part of our seminary field education program.

We hope and pray that you are well and look forward to the next time we get to see you in person! May God bless you richly with "every spiritual blessing in Christ" (Eph. 1:3) as we live out the faith that we share!

Blessings to you all! —Craig and Hanna Bingham

### Senior Care and Assisted Living

Caring.com is a leading senior care resource for family caregivers seeking information and support as they care for aging parents, spouses and other loved ones. They have been featured by AARP, The Administration for Community Living, The National Legal Resource Center, and Forbes, as well as referenced by many governmental agencies and organizations across the Internet.

To access a Senior Care and Assisted Living Guide go to:  
(<https://www.caring.com/senior-living/assisted-living/utah>)



### John Nilsen Performance

Sunday, October 6 at 1:30 p.m.  
Hilltop UMC (985 E 10600 S)

Experience the engaging piano music of John Nilsen.  
John hails from Oregon, and this is his second appearance in recital at Hilltop.

A mix and blending of classical, folk, and jazz  
makes this program entertaining and captivating.

Free admission and open to the public - a love offering will be taken.

---

## From Cottonwood's Parish Nurse

### How to Accept Change Cherie Paulson, RN, BSN

Change is hard for many people to accept. However, it's worth keeping in mind that part of growing as a person requires you to accept that life is constantly changing. We might lose our jobs, lose loved ones, have to relocate unexpectedly, or have other life changing things happen to us, but these changes are just part of life. We might not like how society is changing or how our community is changing, but we need to be able to cope with these changes in a positive way. Luckily, there are many ways to view change, to cope with it, and to ultimately accept it.

#### Dealing with Change Intellectually

**Embrace your feelings about change.** Whatever type of change is unsettling you, embrace that feeling. There's no way you'll get past it, if you ignore it and don't work through it. If you embrace your feelings, it will be a lot easier to grow and move on.

- Express your feelings to others, but do so in a polite way.
- If a loved one has passed away, let yourself grieve.
- If you've lost your job, let yourself feel mad and/or disappointed.
- If your community is changing for the bad, articulate that to friends

**Understand that change is an inevitable part of life.** Before the time comes for you to accept change, learn that it is necessary for old things to go and new things to come. The entire history of the world and the history of humanity can be defined by continual change, evolution and development. Change is part of life and existence, and change often brings new opportunities--sometimes good ones!

**Try to put change in perspective.** It is easy to get overwhelmed by change and let it take control of your emotions, but you can get into a more positive mindset if you take some time to put things into perspective for yourself. For example, you can use these techniques:

- Reframe the situation. Ask yourself some questions about the change. For example, you can ask yourself “Why am I upset or worried about this change?” Then, “What is it that I believe will happen as a result of this change?” And then, “Are these thoughts and beliefs accurate and realistic?” Going through these questions can help you to determine if the change is really worth worrying about.
- List the things that you are grateful for in life. Among its many other benefits, practicing gratitude can help you to feel happier, sleep better, and possibly even overcome trauma. Practicing active gratitude is a great technique to use if you are dealing with a major life change.
- Every day, try to write down 10 things for which you are grateful. Add to the list every day. You can start by listing basic things like a place to sleep, food to eat, a warm shower, friends, family, etc. Then, as your list continues, try to notice smaller things, such as a beautiful sunset, a good cup of coffee, or chatting on the phone with a friend.

**Look on the bright side.** Even though change can have a negative effect on your life, in most circumstances, there is always something positive to look at. Use this as an opportunity to turn a loss or negative change into an opportunity or a way to rediscover your zest for life.

- If you have a death in the family, think about all of the family members you have left. Let the experience be one that binds you together tighter as a family unit.
- If you have lost your job, look at it as an opportunity to find a new job, a new career, or a new way of supporting yourself that brings you more fulfillment.
- If you are separating from your significant other, consider that there are reasons for that, and that both of you might be happier in the long run, and might be able to find more fulfilling relationships.

**Try to understand why the change unsettles you so much.** It’s hard to come to grips with change and accept it, if you’re unclear about why it makes you so uncomfortable or unsettled. Thinking about it and looking inward, might just help you better understand yourself. This, as a result, might help alleviate some of your anxiety about change. Consider the following:

- Does the death of a loved one make you face your own mortality?
- Does social change give you a feeling of uncertainty and make you feel like everything you know about the world is falling apart?
- Does breaking up with a significant other make you feel as if you're too emotionally fragile and lacking a support system?

**Embrace your dynamic nature and ability to adapt.** Try to view change as a challenge and a chance to grow. Remind yourself that you are a strong and dynamic person and that you will be stronger as a result of this change. Also, keep in mind that change can be a powerful motivator to help you achieve your goals. Try to use change as a motivation, if possible. For example, if you lose your job, then you might use this change as motivation to go back to school or to pursue a career that you have always dreamed about.

## **Taking Action**

**Manage your stress or uneasiness with change by engaging in stress-reducing activities.** There are a number of tactics that will help you manage your stress and uneasiness with the changes that are taking place around you. Part of the trick is simply accepting this change, but trying to come to grips with it and find inner peace and self-fulfillment.

- Practice Yoga, meditate & exercise

**Stay busy!** If you're going through a period in your life when change is negatively impacting you, make yourself busy. Making yourself busy, by working, producing something, engaging socially with others, will do more than just distract you – it will help you contribute to changing your life positively for the future.

- Making yourself busy will help you move on and think about other aspects of your life.
- Making yourself busy might open new opportunities for you.
- Find a new hobby. Try something you've never done before! Finding pleasure in a new activity will help you enjoy life after the change. You will be glad you took the chance!

**Talk it out** Talk to people about how the change unsettles you. Your friends and loved ones might sympathize or have different ideas about the consequences of the change that is unsettling you. If you talk to them, they might provide perspective that will alter your view of change and help you accept it.

- Another outcome might be that you find that others are as distressed as you when it comes to change. Knowing that others are in a similar situation might just give you the strength and gumption to accept change and move on.

**Create a list of life goals for yourself.** An important part of accepting change is finding a way to move on and think about your future. By looking ahead and looking to the future, you'll be able to better deal with the past and accept it as something that had to happen for you to move forward. Think about: Getting a better job, exercising & becoming healthier, travel.

**Try to build a better world.** Accept the change that makes you uncomfortable, and determine that you're going to try to use your energies to make an even better world. In this way, you're accepting change but also turning it upside down and using it to fuel what you think is positive change. Consider these techniques:

- Volunteering for a cause that you think is important.
- Helping someone in need
- Adopting a homeless pet.

The best-known form in accepting what you cannot change is: God, grant me the serenity to **accept** the things **I cannot change**, Courage to **change** the things **I can**, and wisdom to know the difference.



**Oct 4 Donna Switzer**

**Oct 5 Donna Schultz**

**Oct 7 Gretchen Ratzlaff**

**Oct 7 Judy Perkins**

**Oct 10 Kathie Shafer**

**Oct 19 Say Eow Quah**

**Oct 22 Deb Howe**

**Oct 23 Dave Andrews**

**Oct 27 Heather Bowen**

**Oct 28 Mary Harmer**

**Oct 30 Sue Martin**

**Oct 30 Rick Urbom**

***Missing your birthday?***

***If your name is missing from the monthly birthday list or listed incorrectly, please contact the church office. We would love to include you in our birthday wishes.***

# October 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>Sept 29</b> 8:30 a.m. Worship 11:00 a.m. Worship	<b>Sept 30</b> 7:00 p.m. Nominating Committee Meeting	<b>Oct 1</b> 11:00 a.m. Prayer Group 1:00 p.m. Knitting Group 3:15 p.m. Men's Golf 6:30 p.m. Member Care 7:00 p.m. Discipleship	<b>Oct 2</b> 10:00 a.m. Ladies Pickleball 1:00 p.m. Praise Band Practice 7:00 p.m. Choir Practice	<b>Oct 3</b> 4:00 p.m. Pickleball 5:30 p.m. Mission 7:00 p.m. LGBTQ+ Small Group	<b>Oct 4</b>	<b>Oct 5</b> 9:00 a.m. Bldg & Grounds
<b>Oct 6</b> 8:30 a.m. Worship & Communion 11:00 a.m. Worship & Communion After Worship Services Meet Your Deacon	<b>Oct 7</b> 7:00 p.m. YoungLife Fall Banquet	<b>Oct 8</b> 11:00 a.m. Prayer Group 3:15 p.m. Men's Golf 7:00 p.m. Deacons	<b>Oct 9</b> 10:00 a.m. Ladies Pickleball 1:00 p.m. Praise Band Practice 7:00 p.m. Choir Practice	<b>Oct 10</b> 11:30 a.m. Women's Lunch Bunch 4:00 p.m. Pickleball	<b>Oct 11</b>	<b>Oct 12</b> 9:00 a.m. SOUL Garden Workday 4:30 p.m. Fall Harvest Festival
<b>Oct 13</b> 8:30 a.m. Worship 11:00 a.m. Worship 12:30 p.m. Budget & Finance	<b>Oct 14</b>	<b>Oct 15</b> 11:00 a.m. Prayer Group 12:30 p.m. Circle 4 3:15 p.m. Men's Golf	<b>Oct 16</b> 10:00 a.m. Ladies Pickleball 11:30 a.m. Men's Lunch 1:00 p.m. Praise Band Practice 7:00 p.m. Choir Practice	<b>Oct 17</b> 4:00 p.m. Pickleball 7:00 p.m. Session	<b>Oct 18</b> <b>Courier            Deadline</b> 12 noon Senior Adult Fellowship	<b>Oct 19</b>
<b>Oct 20</b> 8:30 a.m. Worship 11:00 a.m. Worship	<b>Oct 21</b>	<b>Oct 22</b> 11:00 a.m. Prayer Group 3:15 p.m. Men's Golf	<b>Oct 23</b> 10:00 a.m. Ladies Pickleball 1:00 p.m. Praise Band Practice 7:00 p.m. Choir Practice	<b>Oct 24</b> 4:00 p.m. Pickleball	<b>Oct 25</b> <b>Overnight            Retreat at the            Homestead</b>	<b>Oct 26</b> <b>Overnight            Retreat at the            Homestead</b>
<b>Oct 27</b> 8:30 a.m. Worship 11:00 a.m. Worship	<b>Oct 28</b>	<b>Oct 29</b>	<b>Oct 30</b>	<b>Oct 31</b>	<b>Nov 1</b>	<b>Nov 2</b> 9:00 a.m. Cargo Day



**Cottonwood Presbyterian Church**  
1580 E. Vine Street, Murray, Utah 84121  
801-278-4619 ~ [www.cottonwoodpres.org](http://www.cottonwoodpres.org)

### **October Sunday Schedule:**

**Every Sunday - Nursery Care – Room 11**

**Oct 6 – 8:30 & 11:00 a.m. Celebration of Worship/Communion  
& Meet Your Deacon**

**Oct 13, 20, 27 – 8:30 & 11:00 a.m. Celebration of Worship**

**Oct 20 & 27 - Route 66 Bible Class for 4th to 8th graders**

### **Monthly Activities & Highlights:**

- ❖ **Every Tues – Prayer Group**
- ❖ **Tuesdays - Men’s Golf (Weather Permitting)**
- ❖ **Wednesdays-Ladies Pickleball**
- ❖ **Thursdays - Men’s Pickleball**
- ❖ **Oct 1 – Prayer Shawl Knitting Group**
- ❖ **Oct 3 – LGBTQ Small Group**
- ❖ **Oct 7 – YoungLife Fall Banquet**
- ❖ **Oct 10 – Women’s Lunch Bunch**
- ❖ **Oct 12 – Soul Garden Harvest Fest**
- ❖ **Oct 15 – Circle 4**
- ❖ **Oct 16 – Men’s Lunch**
- ❖ **Oct 18 – Senior Adult Fellowship**
- ❖ **Oct 25 & 26 – Church Retreat at Homestead**
- ❖ **Oct 31 – Happy Halloween**

*“Wherever you go, God is sending you.*

*Wherever you are, God has a purpose in you being there.*

*Christ who indwells you has something he wants to do  
through you where you are!*

*Believe it and go in his grace and power.”*

*- Richard C. Halverson*