

## American Hamburger Soup

1 and ½ pounds ground beef

1 teaspoon sugar

2 Cups cubed potatoes

1 large bay leaf

3 medium carrots cubed

1 garlic clove minced

¾ C cubed celery

1 teaspoon Worcestershire sauce

2 C canned tomatoes

6 whole allspice

2 medium onions chopped

3 and ½ teaspoons salt

6 Cups water

1/8 teaspoons pepper

Brown ground beef and onions in large pot. Add remaining ingredients. Bring to a boil, reduce heat and simmer several hours.

Just a note:

I quite often will brown the burger and onions, add the garlic and spices and then let it sit over night for the flavors to marry. Then the following day or when I want to serve it, finish the recipe. I find the soup to taste better that way.